

# Gluten Free Items

## Appetizers

### Sausage & Peppers

Belfiore's Italian link sausage & sautéed  
tri-colored peppers  
\$9

### Antipasti

Fresh selection of Italian meats &  
cheese, olives & tomato caponata  
\$11

### Caprese

Tomatoes, fresh basil & fresh mozzarella drizzled  
with olive oil & a balsamic reduction  
\$9

## Salads & Soup

Apple & Spinach Salad ..... \$5 Small / \$9.50 Large

A bed of spinach tossed with apples & walnuts, goat cheese,  
red onions & grape tomatoes in our house made Italian dressing

Classic Caesar ..... \$5 Small / \$9 Large

Chopped romaine hearts with shredded parmesan tossed in Caesar dressing

Minestrone ..... \$4 Cup / \$6 Bowl

Traditional beef broth soup with hearty vegetables

House ..... \$5 Small / \$9 Large

A bed of mixed greens with roma tomatoes, cucumbers, pepperoni red onion &  
garbanzo beans

## Main Entrées

### Chicken Marsala

Chicken breast sautéed with  
mushrooms in a Marsala wine sauce  
served over pasta  
\$14

### Salmon

Marinated salmon fillet, served with  
Chef's risotto of the day & 3 Sons  
vegetable medley  
\$17

### Veal Marsala

Veal scallopini sautéed with  
mushrooms in a Marsala wine sauce  
served over pasta  
\$18

### Trout

White trout fillet pan-roasted & topped  
with shallots, white wine lemon butter  
sauce, served with Chef's risotto of the  
day & 3 Sons vegetable medley  
\$16

### Gluten Free Pasta

Choice of sauce: Marinara, Alfredo,  
Aglio e Olio or Pomodoro sauce.  
Served Belfiore's sausage link. Choice of  
soup or house salad  
\$14

### Gluten Free Pizza

10" pizza with your choice of 2 toppings  
\$13

## Dessert

Mascarpone Tort ..... \$6

A flourless chocolate cake topped with a chocolate mascarpone frosting  
finished with caramel sauce & whipped cream